



Heart 2 Heart

Trips for Youth - Summer 2018*

Become someone's hero.

Heart 2 Heart Program Trips



Bring your compassion, skills and talents to Poland on a **Heart 2 Heart** trip - to help transform the lives of teenagers who have a terminal illness or a life-limiting condition.

- 3 days in Warsaw, enjoying this exciting city and preparing for your Heart 2 Heart experience.
 - 5 days at a resort/training center on the beautiful Baltic Coast, personally working with sick teens in workshops and activity programs that include; music, theatre, dance, movement, singing, public speaking, tutoring English and more.
- Sick kids in Poland have few friends. They are socially excluded from Polish society due to discrimination against those less fortunate, the sick and the disabled...*
- Spend much-needed time socializing and interacting with the sick kids, including taking them out for walks, having BBQ/camp fire, and many "heart to heart" chats about anything and everything in their lives, your life, or the world today. At the end of the program there will be a group concert/party.

On your 10 day Heart 2 Heart trip to Poland you will join other like-minded youth from Canada to work and socialize with sick Polish teens to teach them new skills, help them gain self-confidence and help them prepare to integrate into society.



Program cost \$1,750, includes: Accommodation; Breakfast; Dinner; Poland Ground Travel; Sightseeing; Entrances; Program Leader; Coaches; Translators, &; Your Sponsorship of: One sick Polish teen to take part in the Heart 2 Heart program with you.

Participants are responsible for: Your Return Air Fare; Lunch; Snacks; Emergency Medical Insurance.

**2018 Trips in June & August; Open to High School/University/Gap Year Students*



Fundacja Dziecięca Fantazja
Programs

Heart 2 Heart
Journeys for a Lifetime

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